York Academy Upper School

January 2021

Breakfast Menu
First Choice:

Monday
Cereal w/Poptart
Tuesday
Bagel w/Cream Cheese
Wednesday
Cinncamon Bun
w/ Cheese Stick
Thursday
Muffin w/Yogurt
Friday
Pancakes

Breakfast Menu
Second Choice:
Monday - Friday
Variety of Cereal
Muffins
Yogurt
String Cheese
Pick 2 from above
Variety of Fruit
and Juice
Pick 1 juice
and or fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 **Happy New Year** No School
4 **Chicken Tenders w/Roll** or **Pretzel Pack** Corn Assorted Fruit and Milk	5 **Meatballs w/Bosco Stick** or **Tuna Salad Sandwich** Broccoli Assorted Fruit and Milk	6 **Grilled Cheese** Or **Tuna Salad Sandwich** Tomato Soup Smiley Fries Assorted Fruit and Milk	7 **Chicken Patty Sandwich** or **Tuna Salad Sandwich** Baked Beans Assorted Fruit and Milk	8 **Maxi Sticks w/Sauce** or **Pretzel Pack** Green Beans, Salad Assorted Fruit and Milk **Scooby Snack**
11 **Mini Corn Dogs** or **Turkey and Cheese Sandwich** Potato Wedges Assorted Fruit and Milk	12 **Egg and Cheese Croissant** or **Turkey and Cheese Sandwich** Broccoli Assorted Fruit and Milk	13 Early Dismissal **Turkey or Ham Sub w/Chips** or **Pretzel Pack** Salad Assorted Fruit and Milk	14 **Roasted Chicken Salad** or **Turkey and Cheese Sandwich** Corn Assorted Fruit and Milk	15 **Pizza** or **Turkey and Cheese Sandwich** Green Beans Assorted Fruit and Milk **Chocolate Chip Cookie**
18 **Martin Luther King Day** **No School**	19 **Oven Fried Drumstick** **w/ Mac and Cheese** **or** **Pretzel Pack** Corn Assorted Fruit and Milk	20 **Beef Nachos** or **Cheeseburger** Refried Beans Assorted Fruit and Milk	21 **Chili and Corn Chips** or **Cheeseburger** Mixed Vegetables Assorted Fruit and Milk	22 **Pizza** or **Pretzel Pack** Salad Assorted Fruit and Milk **Rice Krispy Treat**
25 **Salisbury Steak w/Roll** or **Ham and Cheese Sandwich** Mashed Potatoes w/Gravy Peas Assorted Fruit and Milk	26 **Soft Chicken Taco** or **Roasted Chicken Salad** Corn Assorted Fruit and Milk	27 Early Dismissal **Cheeseburger** or **Roasted Chicken Salad** Broccoli Assorted Fruit and Milk	28 **Lasagna w/ Texas Toast** or **Ham and Cheese Sandwich** Salad Assorted Fruit and Milk	29 **Chicken Quesadilla** or **Pretzel Pack** Green Beans Assorted Fruit and Milk **Chocolate Chip Cookie**

If you want to order 5 day meal bundle please email rarnold@yorkarcs.org

For special diet or cafeteria concerns or questions, please contact Gina Arnold at 717-900-5001, ext.2105 or send an e-mail to rarnold@yorkarcs.org