York ACADEMY
Regional Charter School

March 2024
LOWER SCHOOL LUNCH MENU

Milk Option:
1% White
Fat Free Chocolate, Vanilla and Strawberry.

Assorted fresh vegetables, fresh and canned fruit offered daily.

Note:
Students must take a fruit and/or Vegetable to qualify for the meal to be served at no cost to you.

Offered Daily
PB&J
Munchable:
PB&J uncrustable, 1 cheese stick, and 1 pack goldfish crackers
WowButter Munchable: (sunflower seed butter) 1 cheese stick, and 1 pack goldfish crackers.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Build a Healthy Lunch: Entree, add 1 or 2 servings of Vegetables, 1 serving of Fruit and your Favorite Milk *1% White Milk, Fat Free Chocolate, Strawberry and Vanilla Milk offered Daily*				
				1 Mickey's Pizza* Or Ham and Cheese Sandwich Green Beans Rice Krispy Treat
4 Chicken Patty Or Veggie Patty Sandwich* Baked Beans	5 Walking Taco Or Yogurt Munchable* Corn, Salsa	6 BBQ Meatballs w/ Mac-n-Cheese or Mac-n-Cheese and Roll Broccoli	7 Beef-a-Roni w/Roll Saucy Pasta* w/Roll Peas	8 Maxi Sticks * Or Turkey and Cheese Sandwich Green Beans
11 General Tso Chicken w/ Brown Rice Or Yogurt Munchable* Broccoli	12 Beef Nachos Cheese Nachos* Texas Beans Cheese, Salsa	13 Early Dismissal Stuffed Crust Pizza* Or Turkey and Cheese Sandwich Green Beans	14 Popcorn Chicken w/Roll Or Yogurt Munchable* Mashed Potatoes w/Gravy Corn	15 Cheeseburger Or Veggie Burger* Smiley Fries
18 Chicken Tenders Or Vegetarian Tenders w/Goldfish Baked Beans	19 Soft Chicken Taco Or Cheesy Pull-Apart* Corn, Seasoned Rice, Salsa, Cheese	20 Meatballs w/Bosco Stick Or Yogurt Munchable Peas	21 **Student Led Conferences**	22 **Student Led Conferences**
25 Chick-n-Cheese Basket Or Breaded Mozzarella Sticks* w/Marinara Peas	26 Chicken Quesadilla Or Cheese Quesadilla* Corn, Salsa Sour Cream	27 Early Dismissal Mickeys Pizza Or Ham and Cheese Sandwich Green Beans Rice Krispy Treat	28 Cheeseburger Or Veggie Burger* Baked Beans	29 **No School**

We are an equal opportunity provider. Due to food supply and delivery issues, the menu may change.

PRICES

Lunch
All Students eat at no charge
Adult Lunch $5.00

Any Questions or Concerns
Please contact Regina Arnold Food Service Manager
rarnold@yorkarcs.org

Look for an * that denotes the vegetarian meal option offered Daily

Cycle day is in the upper right corner on each day.