




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Look for an * that denotes the vegetarian meal option offered Daily</p> <p>Fresh Salad Bar and Fruit Bar Offered Daily</p> <p>1 or more of the following will be offered daily: Pizza, Burgers, Chicken Patty Sandwich, Deli Sandwich, or Yogurt Parfait. Check the menu board in the kitchen to see what is offered that day.</p> <p><u>Any Questions or Concerns</u> Please contact Regina Arnold Food Service Manager rarnold@yorkarcs.org</p>						<p>We are an equal opportunity provider. Due to food supply and delivery issues, the menu may change.</p>
	<p>Build a Healthy Lunch: Entree, add 1 or 2 servings of Vegetables, 1 serving of Fruit and your Favorite Milk 1% White Milk, Fat Free Chocolate, Strawberry and Vanilla Milk offered Daily</p>					<p>Lunch</p>
					<p>1</p> <p>Cheese Pizza* Or Sweet Bologna Sandwich Green Beans</p>	<p>All students eat at no charge Adult Lunch \$5.00</p>
	<p>4</p> <p>Chicken Patty Or Veggie Patty* Sandwich Potato Wedges</p>	<p>5</p> <p>Walking Taco Or Vegetarian Walking Taco* Fiesta Beans, Salsa</p>	<p>6</p> <p>Tater Tot Casserole w/Corn Muffin Or Veggie Burger* Peas and Carrots</p>	<p>7</p> <p>General Tso Chicken Vegetarian General Tso* Fried Rice, Broccoli</p>	<p>8</p> <p>Maxi Sticks w/Marinara* Or Cheeseburger Green Beans</p>	<p>Pizza* \$2.25 Hot Sandwich* \$2.25 Extra Hot Entree* \$2.25 Entree Salad \$2.25</p>
	<p>11</p> <p>Cheeseburger Or Veggie Burger* Baked Beans</p>	<p>12</p> <p>Beef Nachos Or Cheesy Nachos* Fiesta Beans, Salsa</p>	<p>13</p> <p>Early Dismissal Pizza* Or Cheeseburger Green Beans</p>	<p>14</p> <p>Chick-n-Cheese Basket Or Breaded Cheese Sticks w/Marinara Smiley Fries</p>	<p>15</p> <p>BBQ Meatballs or Vegetarian Meatballs* w/Mac-n-Cheese Broccoli</p>	<p>Add a fruit and veggie to any of the above choices and make this a free meal.</p>
	<p>18</p> <p>Meatballs w/Garlic Knot Vegetarian Meatballs w/Garlic Knot Broccoli</p>	<p>19</p> <p>Soft Shell Beef Taco Vegetarian Chicken Taco* Seasoned Rice, Corn</p>	<p>20</p> <p>Spicy Chicken-n-Waffle Vegetarian Chicken-n-Waffle Tater Tots</p>	<p>21</p> <p>Student Led Conferences</p>	<p>22</p> <p>Student Led Conferences</p>	
	<p>25</p> <p>Popcorn Chicken Bowl Or Vegetarian Tenders* W/ Roll Mashed Potatoes,Gravy Corn</p>	<p>26</p> <p>Chicken or Cheese* Quesadilla Peas Salsa, Sour Cream</p>	<p>27</p> <p>Early Dismissal Pizza* Or Cheeseburger Green Beans</p>	<p>28</p> <p>Grilled Cheese* Or Cheeseburger Tomato Soup Broccoli</p>	<p>29</p> <p>No School</p>	